



Nina Sanftmut

Valentin - Star of Terni

"You don't find love, it finds you.

**It's got a little bit to do with destiny, fate,
and what's written in the stars."**

- Anäis Nin

Quellen:

[Anaïs Nin: Lebenslauf, Bücher und Rezensionen bei](#)

[LovelyBooks](#)

<https://www.lovelybooks.de/Auto>

<https://beruhmte-zitat.de/autoren/Anaïs-Nin/>

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Valentin – Star of Terni

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Introducing



„Hello [Name of the Child/ren]

I am Valentin.

An Arcanum/Priest. A
supposed martyr according
to Emperor Claudius II.
Born in Terni, a city in
central Italy. After me,
Valentine's Day was named.

So goes the legend. Join me on my journey as I
face life's challenges and discover the power of
love. May this tale always remind you that love is
stronger than any darkness.

Your Valentin – Star of Terni”





Starlight of Love

In every heart that yearns for love,
In every gaze that transforms joy,
In every sigh, soft and mild,
In every smile that brightens the world.

Love is a starlight,
That breaks through our darkness,
It leads us toward each other,
In a bond that's forever bound.

Valentin - Star of Terni



I. Chapter

Live in Terni



When I lived in the picturesque town of Terni, surrounded by gentle hills, a sparkling river, and the majestic towers of our city wall, my family was everything to me. My mother, a skilled healer, helped people with her herbs and knowledge, while my father, a skilled craftsman, created true works of art from simple materials. My brave brother, who fought as a soldier for the safety of our city, often returned wounded, but our love and care healed his wounds and strengthened our family. Together, we formed a warm and loving home in the heart of Terni's vibrant lifeblood.





„Hello [Name of the Child/ren]

**I am Serena. Mother of
Valentin. A CuraVita/Healer.
I taught Valentin the arts
of healing.”**

„Hello [Name of the child/ren]

**I am Luca.
Father of Valentin.
A craftsman/Ferrusculptor.
I forge weapons from iron
and create true
masterpieces.”**



**„Hello [Name of the
child/ren]**

I am Bellicus.

**A soldier/Militarius. I
fight for protection and
safety. I am Valentin's
older brother.“**



II. Chapter

The Love of Healing



In the enchanted forests around Terni, my journey of healing began. Under the canopy of ancient trees, my mother and I collected precious herbs whose scent filled the air. Back in our cozy home, these herbs transformed under my mother's skilled hands into fragrant ointments and healing elixirs. Her eyes sparkled like stars as she touched the wounded, turning their pain into hope, whispering warm words and poems imbued with magical healing power. From her, I learned that true healing touches not only the body but also the soul.



Together with Livia, whose home was the forests of Terni, I immersed myself in the healing art of nature.

„Hello [Name of the child/ren]



I am Livia – The herbalist/Herbaria. I live in the forests of Terni. Valentin visited me when he collected remedies to identify them. I gave him a pouch of rosebuds with the message: "Love is like an herb - it needs care and time to grow."



Profile Rose:

Name: Rose

Latin Name: Rosa



Appearance: It has striking, fragrant flowers. It radiates in many colours and forms. Leaves are compound with five leaflets, and the stems have thorns.

Healing Properties: They are non-toxic plants.

- 1. Calming Effect:** Used as tea for relaxation.
- 2. Skin Care:** As rosewater or oil, they help hydrate the skin, reduce redness, and even out complexion.
- 3. Digestion:** Tea can relieve bloating and stomach cramps.
- 4. Inflammation:** Reduction due to their natural antioxidants.
- 5. Antibacterial:** Wound healing with rose oil.



Here is a recipe for a Rose Bud Elixir:

Ingredients:

- **1 cup dried rose buds**
- **2 cups water**
- **1 cup maple syrup, agave nectar or honey**



Instructions:

- 1. Place the dried rose buds in a saucepan and cover with 2 cups of water.**
- 2. Bring the water to a boil and then reduce the heat. Let the rose buds simmer for about 10-15 minutes to extract the flavours.**
- 3. Remove the mixture from the heat and let it cool.**



4. Strain the liquid through a fine sieve or tea filter to remove the rose buds.
5. Stir the maple syrup, agave nectar or honey into the rose bud liquid, stirring constantly until fully dissolved.
6. Pour the rose bud elixir into clean glass bottles and store in a cool place.
7. Dilute a tablespoon of the elixir in water or tea as needed or enjoy it straight.





The Healing Power of the Rose

Rose, tender and pure,
Bring the heart healing sure.
Grant the soul gentleness and rest,
Your power heals wounds at its best.

With every drop that softly flows,
Your strength within us deeply grows.
In this bond, so mild, so bright,
You make us whole, bathed in light.

Serena – CuraVita/Healer



III. Chapter

The Secrets of Love

During my journey through the capital of Italy, called Rom, I met her: A charming girl with a radiant smile. Her eyes sparkled like little lights in the dark. I strolled through the marketplace. Amidst the wonderfully fragrant delicacies and the bustling activity of the city, she caught my eye. She was selling flowers.

"Hello, I am Valentin",

I said shyly, extending my hand

"I am Aurelia", she replied with a charming smile and took my hand.

In that moment I felt something special. It was as if the stars themselves blessed our love.



„Hello [Name of the Child/ren]

I am Aurelia. I belong to Emperor Claudius II's elite

unit. I am a

Morphix/spy. Valentin

met me as a flower

vendor. As a sign of his

affection, he gave me a

white rose that he had

bought from me earlier.

He brought a smile to

my face, and I

immediately learned to

love him.”



IV. Chapter

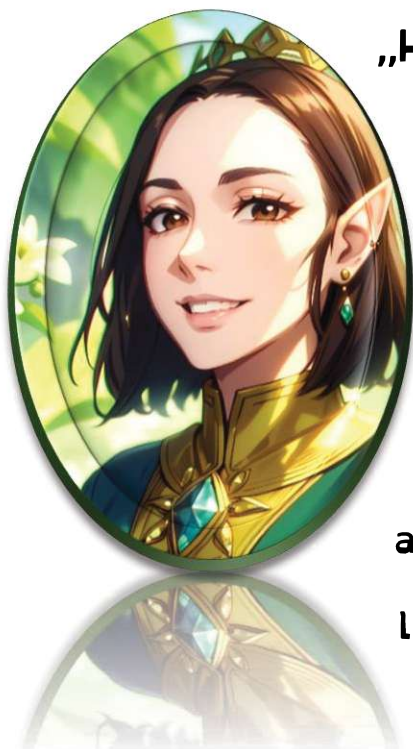
The Paths of Faith



During my studies, new doors of understanding opened. In addition to the ancient scriptures and wise teachings of our community, I met Mirabella. She became my loyal companion, especially on the path of deciding to become a priest. Open to my questions and with a deep understanding of the scriptures, she was like a beam of light that illuminated my path and opened up new perspectives for me. Together, we deepened our understanding of the power of love and the teachings of healing arts. I also met Gaius. He nurtured solitude with the books of the library and doubted everything. However, he also taught me to question and to seek true love within myself.



Magical Facts About the Author



„Hello [Name of the child/ren]

My name is Nina Sanftmut, and I see you have already embarked on the journey with Valentin. My special affinity for old legends and fairy tales, I like to bring to life in my own way, just as I have done here with Valentin.

I hope my words bring you joy and accompany you into fascinating worlds.”



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**** History of Valentin ****

Saint Valentin of Terni was a Roman priest in the 3rd century AD. Known for his Christian charity and courage, he defied the ban of Emperor Claudius II by marrying soldiers, and was persecuted and eventually executed for his faith and actions. His story became a symbol of love and compassion, leading to the creation of Valentine's Day.

https://de.wikipedia.org/wiki/Valentin_von_Terni



Foreign Word and Number Directory



1. Roman numerals I. to XII. stand for 1 to 12 -
(see Table of Contents)

2. Arcanum = Priest, from Latin (lat.) and means
"Mystery".

- (Singular, see "Introducing" & Chapter V.)

3. CuraVita = Healer, a compound word - compound.
From the Latin (lat.) word/prefix (beginning of a
word, prefix) "Cura" for "care and nursing" and from
the Latin (lat.) word "Vita" for "life".

- (Singular, see Chapter I & IV)

4. Ferrusculptor = Craftsman, a compound word -
compound. From the Latin (lat.) word/prefix
(beginning of a word, prefix) "Ferrum" for "iron" and
the Latin (lat.) word "Sculptor" for "sculptor"

- (Singular, see Chapter I)



5. **Millitarius = Soldier**, a compound word - compound. From the Latin (lat.) word/prefix (beginning of a word, prefix) "Miles" for "soldier" or "warrior" and the suffix (end of a word) "-arius" for the belonging or quality of the soldier. "Millitarius" is a variant of the Latin (lat.) word "Militaris" for "pertaining to the military".
- (Singular, see Chapter I and VI)

6. **Herbaria = the herb woman**, a compound word - compound. From the Latin (lat.) word "Herba" for "herbs" and the suffix (end of a word, suffix) "-ria" for a female designation.
- (Singular, see Chapter II)

7. **Morphix = Spy**, a compound word - compound. From the Latin (lat.) word/prefix (beginning of a word, prefix) "Morphe" for "shape and form" and the suffix (end of a word) "ix" for a female occupational designation. "Morphe" here denotes the abilities and diversity of a spy.
- (Singular, see Chapter III)



8. TheoMedicus = Name of the academy, a compound word - compound. From the Greek (gr.) word/prefix (beginning of a word, prefix) "Theo" for "God" and used in Latin (lat.) to refer to religious or spiritual matters and the Latin (lat.) word "Medicus" for "healer".

- (Singular, see Chapter IV)

9. Philodoupter = Philosopher and doubter, a compound word - compound. From the Greek (gr.) word - prefix (beginning of a word, prefix) - "Philo" for "friend" or "love", the English (eng.) word "doubt" for "doubter" and the suffix (end of a word, suffix) "er".

- (Singular, see Chapter IV)



10. Vitalibra = Library, a compound word - compound. From the Latin (lat.) word/prefix (beginning of a word, prefix) "Vita" for "life" and the Latin (lat.) word "Libra" for "scale", in the extended sense for balance and equilibrium.
- (Singular, see Chapter IV).

11. Consilitor = Confidant, a compound word - compound. From the Latin (lat.) word "Consilium" for "advice, consultation" and the suffix (end of a word, suffix) "tor", here for an active person.
- (Singular, see Chapter V).

12. Arcana-CuraVita = Priest and Healer, a compound word - compound. From the Latin (lat.) word "Arcanum" for "mystery" and the Latin (lat.) words "Cura" for "care and concern" & "Vita" for "life".
- (Singular, see Chapter VI).



13. Morphices = Elite unit, here for spies, informants, and shape-shifters. A compound word - compound. From the Latin (lat.) word/prefix (beginning of a word, prefix) "Morphe" for "shape and form" and the suffix (end of a word) "-es" for the plural of nouns, here of professional designations.

- (Plural, see Chapter VIII).

14. Ignomius = Disgraceful, a compound word - compound. From the Latin (lat.) word "Ignomia" for "shame" or "disgrace" and the suffix (end of a word, suffix) "-us" for a male designation.

- (Singular, (see Chapter IX).



Signs and Abbreviations

1. / = belonging, indicates an alternative word with the same meaning.

- (see "Introduction" & Chapters I - IX)

2. ⇢ = until or connector,

- (see Chapters II, III, & VIII)

3. Bzw. = respectively,

- (see Chapter VII)

4. & = and,

- (see Index)

If you think there should be additional foreign words, numbers, symbols, or abbreviations listed, add them here. You will discover their meanings!



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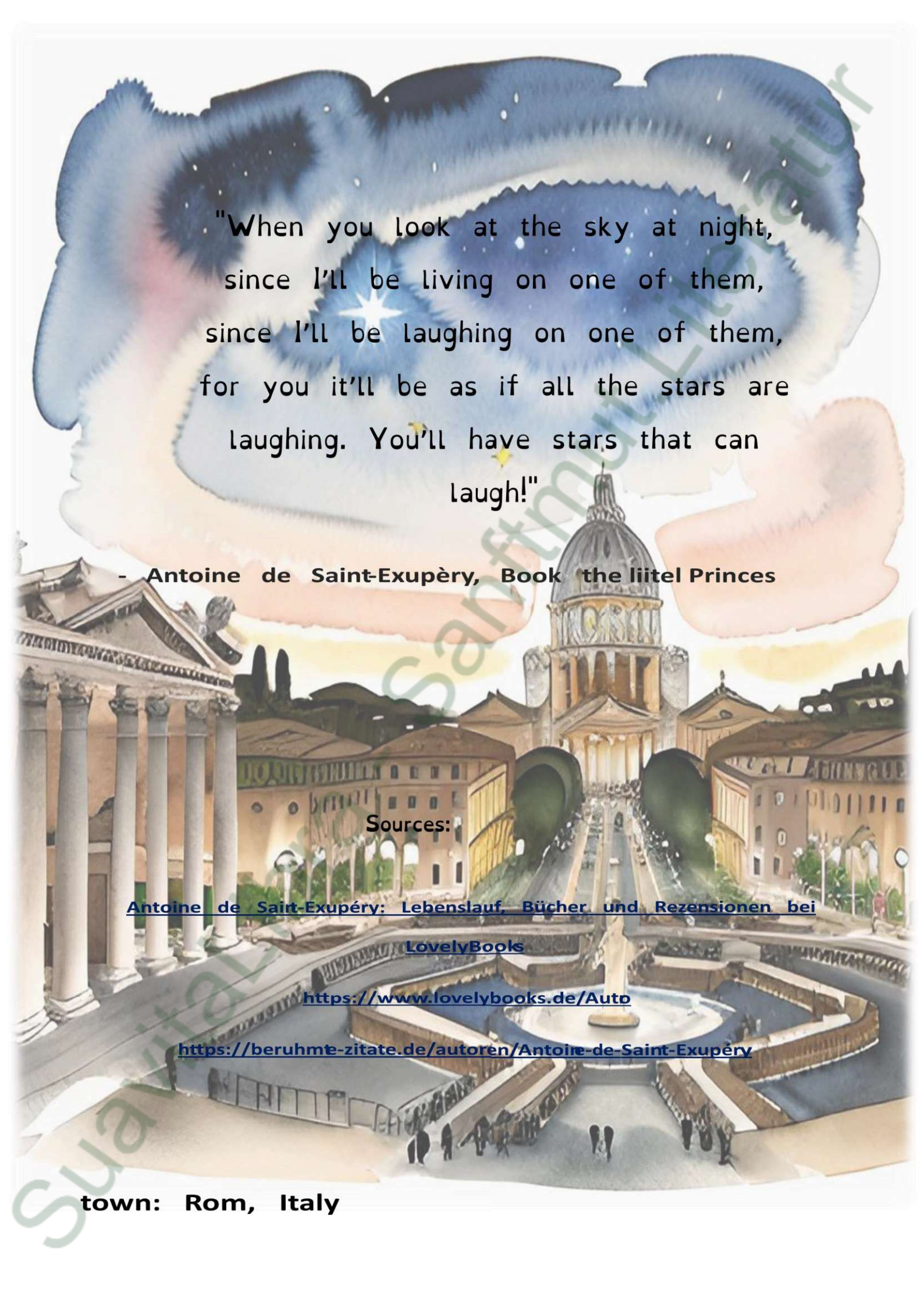


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"Thank you for the collaboration and the
reading pleasure."

- Nina Sanftmut



"When you look at the sky at night,
since I'll be living on one of them,
since I'll be laughing on one of them,
for you it'll be as if all the stars are
laughing. You'll have stars that can
laugh!"

- Antoine de Saint-Exupéry, Book the liitel Princes

Sources:

[Antoine de Saint-Exupéry: Lebenslauf, Bücher und Rezensionen bei
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